

TAYLOR HEALTH CARE GROUP'S HEART & SOUL

TAYLOR
Health Care Group

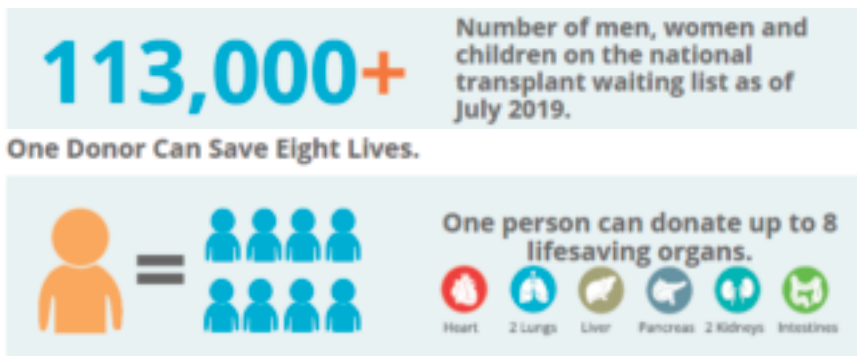
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IN THIS ISSUE

- Comfort & Accuracy with 3D Mammography at Taylor Regional Hospital
- Hawkinsville Cancer Center - Local Oncology Services
- The Scoop on Swing Bed at Bleckley Memorial Hospital
- **Steps to Help Prevent the Spread of COVID-19 if You are Sick**
- Recognition of 2019 Georgia Heart Tax Credit donors

APRIL IS *Donate Life Month!*



You can sign up online at organdonor.gov or in-person at your local motor vehicle department. Registering online takes just a few minutes. All you need is some identification information and your driver's license or photo ID number.

Data from optn.transplant.hrsa.gov and OPTN/SRTR Annual Report.



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and tissue
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Greater Comfort and Accuracy with 3D Mammography at Taylor Regional Hospital



Taylor Regional Hospital's Radiology and Medical Imaging Department is excited to announce the arrival of 3D digital mammography; the latest mammogram screening technology. This new breast imaging technique makes breast cancer easier to see, reducing false positives, and also improves patient comfort with the SmartCurve™ system that is curved to the shape of the breast, for a more even compression.

Hologic, the manufacturer of Taylor Regional Hospital's Selenia Dimensions 3D™ Performance System, boasts that this breast tomosynthesis technology's unrivaled performance is more accurate than conventional 2D mammograms, detecting 20%-65% more invasive breast cancers. The new technology is designed to improve visibility of fine details for greater diagnostic confidence which is greatly beneficial, especially for those with dense breast tissue or an increased risk for breast cancer. This FDA approved procedure is quickly becoming the new standard of care for breast cancer screenings and is conveniently available at Taylor Regional Hospital.



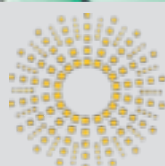
2D Mammograms

2D Mammograms take one picture across the breast, in two different directions. Unclear findings can lead to more false positives and the need for additional imaging.

3D Mammograms

3D Mammograms move around the breast to take x-ray pictures from many angles, which a computer assembles to produce clear, highly focused 3D images. This allows a radiologist to view each layer of the entire breast, for a more accurate screening.

Talk to your doctor about the benefits of a 3D mammogram, or simply contact TRH Medical Imaging at 478-783-0378 for easy-to-schedule appointments for 3D mammograms.



HAWKINSVILLE CANCER
Member of Atlanta Oncology Associates

Oncology Services here in Hawkinsville, GA are close to home and comprehensive.

You do not need to make a whole day trip for therapy you can receive close to your house. Some cancer therapies, like radiation therapy, are given daily over two to nine weeks in length. Talk to your doctor about the following if you need to have cancer therapy:

- Radiation Therapy to site-specific areas of your body.
- Chemotherapy to provide systemic medical therapy.
- Hormonal Therapy or Immunotherapy for specific types of cancers.
- Surgical Oncology for removal of certain masses/tumors.

Cancer Prevention Tips from Dr. Wilkinson

- Get regular and routine medical care. Regular self-exams and screenings are perfect for finding abnormalities early, when the treatments are the most successful. Go to yearly physicals with a medical professional.
- Avoid tobacco in ALL forms. Tobacco is a KNOWN risk factor for a multitude of cancers.
- Eat a healthy diet with meat and vegetables, nuts and seeds, some fruit, a little starch, and little to no sugar. Shop the perimeter of the grocery store where you are more likely to find whole foods and non-processed foods. Avoid high-glycemic carbohydrate sources as they can lead to obesity, diabetes, and inflammatory processes.



Craig Wilkinson, MD
Radiation Oncologist



Cancer Treatment Center
214 Perry Highway, Hawkinsville, Ga
478-892-8585 • hawkinsvillecancer.com

The Scoop on Swing Bed at Bleckley Memorial Hospital



Have you heard the term "Swing Bed" but was unsure what that meant for you or your loved one? "Swing Bed" refers to a facility's ability to use beds for either acute or sub-acute care but is commonly used to describe a rehabilitation program for those that have reached a point in recovery that no longer need acute care in a hospital but still need skilled nursing care and rehabilitation.

Rehabilitation between hospital and home.

Bleckley Memorial Hospital in Cochran, Georgia has an experienced Swing Bed program that recognizes the individual needs of each patient on the road to recovery. The goal of Bleckley's swing bed is to help you or your loved one work toward reaching goals set by you and our interdisciplinary team for a successful return to prior lifestyle. Each patient is supported by a team consisting of physicians, specially trained nurses, physical therapists, occupational therapists, speech therapists, dietitians, case managers, and activity personnel to work together with you or your loved one to progress towards established goals.

Upon admission, discharge planning needs are addressed, options are explored and services are arranged, if needed, to help ensure the return to home is successful. Bleckley's swing bed program is geared towards patients who have Medicare or a Medicare Advantage plan, as this is a covered benefit. However, we can accommodate people of all ages, as some commercial insurances may cover this service. Anyone (family, parents or hospital staff) may contact Bleckley Memorial Hospital regarding swing bed. Patients currently at another hospital can ask to coordinate a transfer to Bleckley Memorial's swing bed program, however patients must have a qualifying hospital or acute rehab stay and a physician referral to be eligible. **Call today to learn more! (478)271-6558**
145 East Peacock St . Cochran, GA



Swing Bed Services

- SKILLED NURSING CARE
- PHYSICAL, OCCUPATIONAL & SPEECH THERAPY
- POST SURGICAL CARE
- SKIN & WOUND CARE
- INTRAVENOUS THERAPY
- CARDIOPULMONARY/ RESPIRATORY CARE
- PSYCHOSOCIAL SUPPORT
- NUTRITIONAL SUPPORT

Daily activities, private rooms with television, hair & nail services, public wifi & an outdoor courtyard.

Steps to Help Prevent the Spread of COVID-19 (Coronavirus) if You Are Sick.

Data & graphics provided by the Centers for Disease Control and Prevention.
Learn more at [cdc.gov/coronavirus](https://www.cdc.gov/coronavirus)



Stay home except to get medical care.

People who are mildly ill with COVID-19 are able to isolate at home during their illness.



Wear a face mask if you are sick & around other people.



Avoid sharing personal household items.

Do not share dishes, cups, utensils, towels or bedding with other people in your home.



Separate yourself from other people in your home.

Stay in a specific room & a separate bathroom, if available.



Cover your coughs & sneezes.

Cover your nose & mouth with a tissue, then immediately wash your hands.



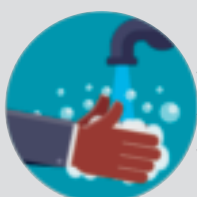
Clean all "high touch" surfaces everyday.

High touch includes phones, counters, doorknobs, tabletops, keyboards, bathroom fixtures, etc.



Call ahead before visiting your doctor.

Call your healthcare professional before you visit if you display symptoms or may have had exposure.



Clean your hands often.

Wash with soap & water for at least 20 seconds, or with at least 60% alcohol hand sanitizer.



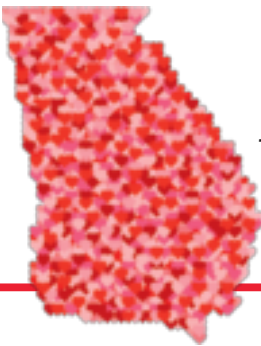
Monitor your symptoms.

Seek medical attention if your illness is worsening (e.g., difficulty breathing).



Discontinuing home isolation.

Decision is on a case-by-case basis. consult with healthcare providers & state & local departments.



A very special "Thank You" to our 2019 Georgia Heart donors

Thank you donors for using your tax dollars for this important purpose, you are improving the quality of life in our community. Your contribution has an important and valuable impact on the health care of current and future generations. Thank you so much.



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GEORGIA HEART
HOSPITAL PROGRAM
Helping Enhance Access to Rural Treatment

Tax Credit donors have made a **tremendous** impact on the health and well-being of our communities. In 2019, tax credit dollars at Taylor Regional Hospital were used to purchase the latest technology for Medical Imaging, including a new MRI, all digital RNF equipment and a 3D Mammography machine. Bleckley Memorial Hospital used 2019 tax credit dollars for capital equipment upgrades.

Support your local hospital by applying for your Georgia HEART Credit today!
Follow these 5 easy steps to contribute for your 100% state income tax credit in 2020

- 1) Apply Now – takes 20 seconds! - Complete the 2020 HEART Tax Credit Application at www.georgiaheart.org
- 2) HEART Submits to DOR - Georgia HEART submits your application to the Georgia Department of Revenue for approval
- 3) Approved to Contribute - HEART and DOR notify you of approved tax credit amount and payment deadline
- 4) Make Payment Within 180 days of approval, or by 12/31/20, whichever comes first, send check to HEART at 3740 Davinci Court, Suite 375, Peachtree Corners, GA 30092
- 5) Take the Credit - HEART sends you tax receipt for claiming the credit on your 2020 Georgia income tax return

Questions or want to know more?

Taylor Regional Hospital - Janet Hardy (478)636-3436 Bleckley Memorial Hospital - Amy Cook (478)934-6211